# **Student Life**

The Office of Student Life is dedicated to making each YU student's undergraduate experience as positive and productive as possible. The office is in Rubin Hall, ground floor, and can be reached by phone at 212-960-5411. Student Life professionals are available to meet with students on a drop-in basis as well as by appointment.

## RESIDENCE LIFE (RES LIFE)

Residential life is an essential component of the YU experience. Friendships forged in the residence halls lend richness to the college experience that transcends classroom learning. Residence Life encompasses residential life programming, counseling and the selection, training and supervision of the resident advisors (RAs). The RAs create a community of students on campus by offering educational and social programming to help students learn more about themselves and each other. Residence Life staff help students individually and in groups navigate dormitory living and the social, educational, and developmental experiences of college years.

Undergraduate men are housed in three residence halls: Leah and Joseph Rubin Residence Hall (2501 Amsterdam Avenue); Morris and Celia Morgenstern Residence Hall (2525 Amsterdam Avenue); and Ruth and Hyman Muss Residence Hall (526 West 187th Street), which is a renovated wing of the institution's historic main building, Zysman Hall. The three residence halls are within a short walk to Wilf's main academic buildings and offer common lounge space, study halls, laundry rooms, TV lounges, cooking lounges, convenience stores, snack vending machines, Wi-Fi, and 24-hour security.

The Furman Dining Hall, located in Rubin Hall serves meals cafeteria-style. All residential students are enrolled in the University Dining Club, and the dining hall is generally open for breakfast, lunch, and dinner seven days a week when college is in session. It is closed during holidays, the summer, and intersession. Food vending machines and convenience stores also are available at various locations on campus.

Throughout the year, the Office of Residence Life plans various events on campus. Some of our past events included a floor vs floor Basketball tournament, communal food preparation programming, and Drone Wars.

Resident Advisors (RAs) live in the floor communities along with students and are available for support in the residence halls. RAs regularly plan floor programming, events and parties, to enhance the residential experience. These programs aim to help students get to know their neighbors better, complement their Torah and academic studies, and have a rich, fun-filled residential life experience.

First-time-on-campus students, whether they have studied in Israel, another college, or are coming to campus directly from high school, are required to reside in campus housing for their first two semesters on campus (excluding Post-Pesach Program). First year students live in designated living-learning communities together on designated floors. These communities include additional RAs and more programming oriented toward supporting new students during their required first two semesters in university housing.

Housing applications are available online for all incoming and returning students. After submitting the required registration materials and fees, incoming students can access the application by going to <a href="https://www.yu.edu/housingapp">www.yu.edu/housingapp</a>. Returning students can apply for the following academic year during the middle of the spring semester.

The Office of Residence Life is located in the Leah and Joseph Rubin Residence Hall (2501 Amsterdam Avenue) and is staffed by the Directors of Residence Life and a small team of Office Managers. Should you have any questions about living on campus at YU, about Res Life offerings, or the RAs, please don't hesitate to stop by (Rubin Hall, Suite 106), call us at 646-592-4215, or e-mail us <a href="www.WilfResLife@yu.edu">WilfResLife@yu.edu</a>.

#### SHABBAT ENHANCEMENT PROGRAM

Shabbat on campus is not to be missed. The Shabbat Enhancement Program is directed by the Office of Student Life and weekly Shabbat programs are created by the student Shabbat Enhancement Committee. Prominent Roshei Yeshiva, noted scholars, YU administrators, and popular faculty, often with their families, join students for Shabbat on campus—sharing meals, delivering divrei torah, and creating a warm Shabbat atmosphere. For more information please see <a href="https://www.yu.edu/shabbat-programming">https://www.yu.edu/shabbat-programming</a>.

#### INTERNATIONAL STUDENT ADVISEMENT

The Office of International Services (OIS) supports international students and visiting professors and research scholars on all four Yeshiva University campuses. We provide immigration guidance and support, and information on a wide range of topics to help students realize their educational and professional goals. The OIS prepares immigration documents for students to enter the U.S. and apply for work permission; helps students maintain their legal status through guidance and interpretation of immigration regulations; and supports all types of cultural adjustment concerns. Please visit our website to explore the wide range of resources provided.

Contact information: The fastest way to reach us is by email: <a href="mailto:oiss@yu.edu">oiss@yu.edu</a>. Our main phone number: 646-592-4203.

#### MASHGICHIM

Our mashgichim wear many hats based on their primary goal of developing meaningful relationships with students. They arrange chavrusot, give chaburot on a range of topics depending on students' interests, and initiate programs that enhance students' religious experience.

In addition, they help students adjust to our challenging curriculum, support them in achieving balance in their busy schedules, and engage them in dialogue about personal and religious growth.

There is a mashgiach assigned to each Bait Midrash where the mashgiach can be found throughout the morning. Mashgichim maintain office hours by appointment in the afternoons and evenings.

To contact a mashgiach email <a href="mashgichim@yu.edu">mashgiach mashgiach mashgiach

On the web: http://yu.edu/riets/faculty/mashqichim/

### COUNSELING CENTER—WILF CAMPUS

The college years are exciting, challenging, and may also be stressful at times. The Yeshiva University Counseling Center is committed to supporting our students academically, religiously, and emotionally.

The Counseling Center provides undergraduates with a wide range of services, including short-term individual psychotherapy and medication management, crisis intervention, referrals and psycho-education workshops. Students dealing with adjustment problems, loneliness, depression, anxiety, or who just want to talk are encouraged to make an appointment. All services at the Counseling Center are free of charge and confidential.

The Counseling Center is in Furst Hall, suite 520. To make an appointment, please call 646-592-4200 or email counseling@yu.edu. For more information, visit us online at <a href="http://yu.edu/student-life/counseling/">http://yu.edu/student-life/counseling/</a>.

### **MEDICAL SERVICES**

Beth Israel Medical Center administers the Undergraduate Student Health Program and offers care for episodic illnesses and minor injuries on campus at no cost to the student. Should a student require emergency department services, specialist physician services or diagnostic testing, he will be referred through the Beth Israel Medical Center Student Health Services network of providers.

The Health Center staff all reviews the health forms and immunization records of entering students. The professionally staffed Student Health Center is in Furst Hall 520A and can be reached at 646-592-4290 or at wilfhealthcenter@yu.edu.

Student injuries and accidents which occour in a YU educational or extracurricular activity are reported to security by the staff member in charge of the activity. Security informs the Dean of Students and/or the health center of student injuries to arrange proper follow up care. Students are also required to report any other injury suffered on university premises to the YU security department.

### OFFICE OF DISABILITY SERVICES

The Office of Disability Services (ODS) collaborates with students, faculty, and staff to provide reasonable accommodations and services to students with disabilities including physical and emotional disabilities, learning disabilities, ADHD, hearing impairments and visual impairments, among others. If you have are a student with a documented disability, or suspect that you may have a disability, we welcome you to come in and discuss it confidentially with ODS staff members. The ODS is located in Furst Hall, suite 412. Please contact Abby Kelsen at 646-592-4280 or <a href="mailto:akelsen@yu.edu">akelsen@yu.edu</a> to schedule an appointment.

### LEARNING SUCCESS CENTER

The academic transition to college may be challenging for some students. The Learning Success Center is available to help students improve study skills that are necessary for academic success. Students who would like to improve time management, reading comprehension, note taking, test preparation and other skills are encouraged to schedule an appointment.

The Learning Success Center is in Furst Hall, Room 412 and can be reached at 646-592-4285 or by emailing <a href="mailto:learningsuccesscenter@yu.edu">learningsuccesscenter@yu.edu</a>. For additional information, visit our website at <a href="https://www.yu.edu/learning-success-center">www.yu.edu/learning-success-center</a>

## STUDENT GOVERNMENT

The Yeshiva Student Union is the governing body which deals with events and clubs which are not specific to an individual school. Both Yeshiva College and Sy Syms School of Business have a Student Council, the chief body dealing with student, faculty, and administrative matters as well as the planning of extracurricular activities on campus. Each Torah studies morning program has a student council which plans lectures, volunteer activities, holiday events, and outreach programs. These student councils operate under the umbrella of the Student Organization of Yeshiva. The Student Life Committee works to enhance student experience on campus. This committee comprises student leaders, college administration, and supporting service administration.

Students in all schools are represented on important school and departmental committees and actively participate in decisions regarding the educational and administrative aspects of their schools.

## **EXTRACURRICULAR ACTIVITIES**

Despite the heavy undergraduate course load, extracurricular activities are an important aspect of college life and encourage the integration of all aspects of the student's education. All full-time students who are not on probation are eligible to participate in these activities. The university encourages students to take advantage of the unequaled cultural and recreational facilities of New York to further their interests, whether in the theater, music, art, sports, etc.

#### **Athletics**

Yeshiva University affords undergraduate students' extensive opportunities to participate in intercollegiate, intramural, and club athletic programs. The university sponsors eight NCAA Division III athletic teams on the Wilf Campus. Institutions that belong to Division III, the largest division of the NCAA, offer no athletic scholarships and focus on academics first, while still providing a life-changing student-athlete experience.

The university sponsors intercollegiate teams in basketball, baseball, cross-country, fencing, golf, soccer, tennis, and volleyball. Teams compete in the Skyline Conference and Middle Atlantic Collegiate Fencing Association, and have excelled in local, regional, and national competitions. No athletic practices or competitions are scheduled on Shabbat or Jewish holidays. Tryout information for each sport will be emailed each year to the general student population.

Yeshiva also offers an exciting array of intramural programs including basketball, indoor soccer, ultimate frisbee and floor hockey, in which students compete against other YU students. Club sports, in which there is competition against other colleges and Universities, include roller hockey and table tennis. The Sy Syms Fitness Center, Max Stern Athletic Center Gymnasium and Gottesman Pool are available to Wilf undergraduate students for recreational use on a scheduled basis.

The director of athletics can be reached at gregory.foxyu.edu.

## Clubs

Several clubs, some inspired by classroom work, meet regularly at each undergraduate location during the school year. Departmental clubs feature speakers, symposia, and off-campus trips on topics of interest in various fields. Student councils, individual classes, and clubs co-sponsor social events.

## **Publications**

There are student newspapers at each campus. At the Wilf Campus, students publish *The Commentator*, with emphasis on general issues, and co-publish *Hamevaser*, with emphasis on Jewish studies. The Yeshiva University yearbook is the *Masmid*.

In addition, several clubs issue publications. All publications are edited and published by the students themselves. The views, thoughts, and opinions expressed in these student publications do not necessarily reflect the official policy or position of Yeshiva University.