

Dear YU community,

As we prepare for Yom Kippur, we have the opportunity to reflect on the past year and recommit to our individual and communal goals for the coming year. This past Sunday, I spoke about "Living Mindfully and Meaningfully: The Teshuvah of Rosh Hashanah and Yom Kippur" at the 35th Annual Hausman-Stern Kinus Teshuva Drasha.



On behalf of the administration, faculty and professionals, we would like to wish you an easy and meaningful fast for a happy and healthy sweet new year.

G'mar chatima tova,

Rabbi Dr. Ari Berman

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