

Curricula: Mental Health Counseling

Year I – 30 credits

Fall – Year I - 15 credits

- Basic Principles of Counseling
- Developmental Psychology
- MHC: Ethics & Issues in Professional Practice
- Counseling Skills Development
- Substance Abuse & Treatment

Spring – Year I - 15 credits

- Assessment and Appraisal of Individuals, Couples, Families and Groups & MHC Assessment Lab
- Psychopathology: Child, Adolescent & Adult
- Multicultural and Diversity Issues in Counseling
- Counseling Practicum (*includes Comprehensive Exam requirement*)
- *MHC Elective

Year II - 30 credits

Fall – Year II - 15 credits

- Advanced Issues in Mental Health Counseling
- Principles in Group Counseling
- Advanced Issues in Psychopathology and Diagnosis
- Statistics, Research and Program Evaluation (*Evidence Based Treatments*)
- MHC Internship I

Spring – Year II - 15 credits

- Lifestyle & Career Development Counseling
- Concepts and Techniques in Mental Health Counseling (*Clinical Instruction*)
- Social and Cultural Foundations of Counseling
- MHC Internship II
- *MHC Elective