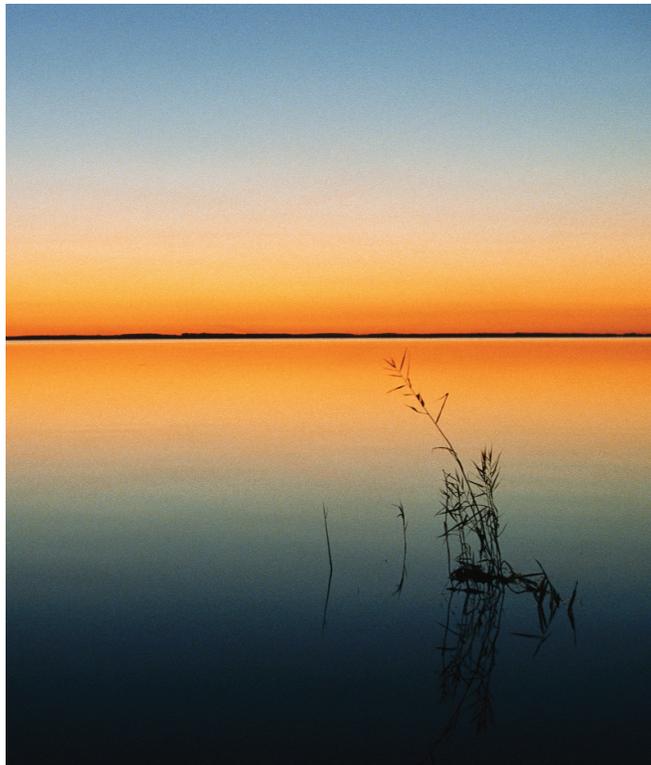


Ferkauf Graduate School of Psychology | Yeshiva University

**The Max and Celia Parnes
Family Psychological
and Psychoeducational
Services Clinic**





**Welcome to the Max and Celia Parnes
Family Psychological and
Psychoeducational Services Clinic,
a training facility of Yeshiva University's
Ferkauf Graduate School of Psychology.**

**For more than 40 years, we have provided
low-cost, confidential, state-of-the-art
mental health services for children,
adolescents, adults, couples and families.**

Located at the University's Jack and Pearl Resnick Campus in the Northeast Bronx, the Parnes Clinic offers individual Psychodynamic and Cognitive Behavioral therapy for children, adolescents, and adults as well as specialized sub-clinics for older adults and people with medical concerns. We also provide psycho-educational testing and educational remediation for children and adolescents as well as psychological and neuropsychological assessment. Limited psychiatric consultation as an adjunct to treatment is also available. The clinic is close to public transportation, wheelchair-accessible, and provides services without geographical or financial restrictions.

The Parnes Clinic is committed to working within the framework of each client's religious, spiritual, and cultural values, and to respecting the dignity and individuality of every client.

All clinical services are provided by doctoral and master's level students who are closely supervised by licensed and experienced psychologists. The clinic also maintains long-standing relationships with community health agencies and physicians, and is listed in the United Way's and LIFENET's directories of agencies and clinics. Clients who cannot be accommodated by the Parnes Clinic are offered referrals to other agencies.



Clinical Services

Evaluation

We offer a full range of psychological and psychoeducational evaluation services for children and adolescents, including academic, cognitive, neuropsychological and personality assessments.

Psychological evaluations for adults who are receiving individual psychotherapy are also provided.

Child/Adolescent Therapy

The following therapeutic interventions are available: play therapy, cognitive behavior therapy, problem-solving strategies and traditional “talk” therapies. Support and guidance are also provided for parents. Common presenting problems include depression, anxiety, attention deficit hyperactivity disorder, oppositional defiant disorder, school refusal, low self-esteem, and learning difficulties.

Individual Adult Psychotherapy

Cognitive Behavior Therapy

Cognitive Behavior Therapy (CBT) is a structured, problem-focused psychotherapy in which the therapist uses specific techniques to improve the client's well-being and overall functioning. This treatment is effective for depression, general anxiety, panic attacks, social anxiety, agoraphobia and other specific phobias, obsessive-compulsive disorder, post-traumatic stress, and other stress-related disorders.

Psychodynamic Psychotherapy

Psychodynamic psychotherapy is a treatment that focuses on understanding a person's character and life history in order to provide insight into his or her problems and improve overall level of functioning. Common difficulties addressed include depression, problems with self-esteem, relationship issues, post-traumatic stress and adjustment disorders, anxiety, and bereavement.

Ferkauf Older Adult Program

Older Adults (age 60+) without cognitive impairment receive specialized services including gero-psychological diagnostic evaluation, consultation/referral and individual therapy. Common problems include depression, anxiety, difficulty coping with illness or loss, relationship conflicts and social isolation.

Family and Couples Therapy

These treatments focus on resolving problems related to interactions and relationships within couples and families.

Behavioral Medicine Sub-Clinic

In our Behavioral Medicine sub-clinic, assistance is provided in the management of chronic illness in consultation with medical personnel. There are also specialized stress management and weight disorders services, including pre-surgical (bariatric) psychological evaluations. Treatment is also available for individuals experiencing anxiety related to medical/dental procedures.

Academic Remediation

Twice weekly academic remediation is offered for children under 12 with learning difficulties in reading, math, and other school subjects.

Career Counseling

Master's level Mental Health Counseling students offer "Strong Interest Inventory" testing and feedback to provide information that can help individuals make meaningful decisions about career choices and further education. *This service is free to high school students and early college students.*



Clinic Committee

Lawrence J. Siegel, PhD, ABPP

Dean, Ferkauf Graduate School of Psychology
Administrative Director

William Salton, PhD

Director of Clinical Services

Abraham Givner, PhD

Director, School-Clinical Child Psychology Program

Lata McGinn, PhD

Director, Clinical Psychology Program
Director, Cognitive-Behavior Therapy Program

Sonia Suchday, PhD

Director, Clinical Psychology Program (Health Emphasis)
Co-Director, Institute of Public Health Sciences

Lillian Zach, PhD, ABPP

Professor of Psychology

Travel Information

The Max and Celia Parnes Family Psychological and Psychoeducational Services Clinic is located at 1165 Morris Park Avenue between Hering and Yates Avenues, one block east of Williamsbridge Road. It is accessible by the 2, 5, and 6 subways and the Bx8 and Bx21 buses.

Clinic Hours

Monday–Thursday..... 8 am–8 pm
Friday..... 8 am–6 pm
Saturday and Sunday Closed

Further Information

For further information, or to schedule an appointment, please call Ms. Marilyn Gotay at (718) 430-3852. An initial interview can usually be scheduled within two weeks.



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