

# Post-Exam Evaluation

Use this quick checklist to determine how to best study and review for your next exam. Identifying the types of errors and areas of difficulty will enable you to prepare more effectively in the future.

*Adapted from [www.spu.edu](http://www.spu.edu) (Seattle Pacific University)*

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- I did not understand the material when it was being explained in class.
- I did not remember encountering some of the material in class or in the text.
- I did not study long enough or start early enough.
- I did not study the right material.
- I studied the material but could not recall it for the test.
- I recognized the information but was not able to use or apply it.
- I memorized the definitions but was unable to use or apply concepts.
- I did not know the meaning of some of the vocabulary used on the test.
- I did not follow directions or record my answers correctly.
- I did not use my time well during the test.
- I was too anxious or frustrated to concentrate.



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